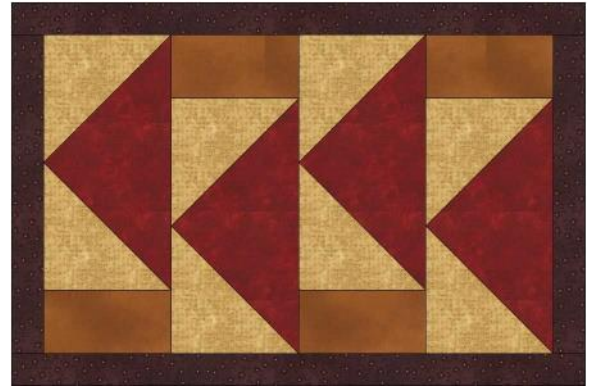


## FLY HIGH AND LOW

- (2) 1 ½" x WOF strips for borders (fake binding)  
Subcut into (2) 16 ½" lengths and (2) 12 ½" lengths
- (2) 10" squares
- (4) 2 ½" x 4 ½" rectangles

Make (4) flying geese units from the two 10" squares, using the "No-Waste" or "4 at a time" technique. The centres of the geese are made from (1) 9 ½" square, and the sides are from (4) matching 5" squares. The geese are then trimmed up to 8 ½" x 4 ½". When trimming, be sure your seam allowance at the point is ¼". (You can also use a 9 1/4" centre and (4) 4 7/8" side squares, instead of squaring up).



Add 4 ½" x 2 ½" rectangles to alternate edges of the geese units. Lay out as in the picture. Add top and bottom (16 ½") borders, then side borders. Layer with batting on bottom, then backing RS up, and finally the pieced placemat RS down. Sew around ¼" from edge of placemat top, leaving opening for turning. Trim excess batting and backing, clip corners, and turn. Hand sew opening closed. Quilt and stitch in the ditch around the border to simulate binding. Add label.