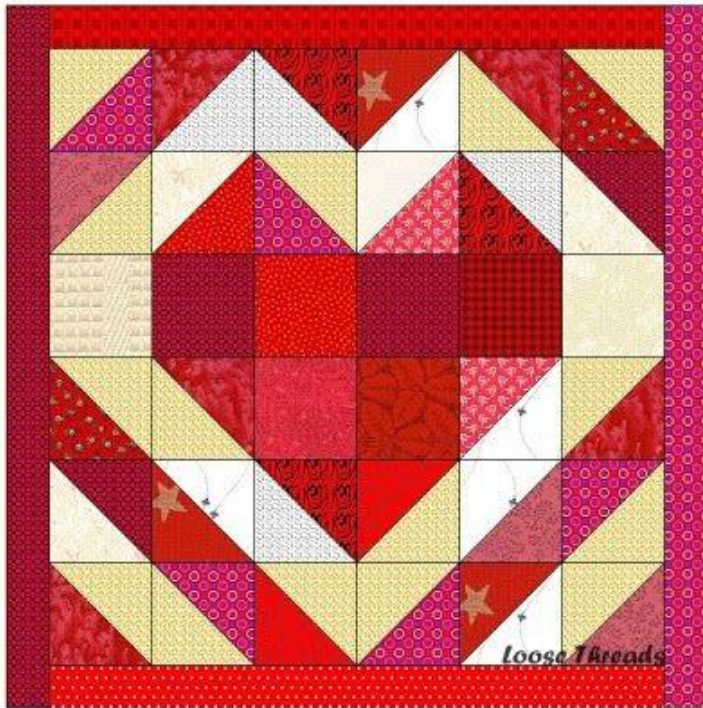


Teddy Bear Heart Quilt

28 x 28 inches

It can be made larger by adding wider borders. Use assorted coloured square or all one colour.



You will need:

14 red and 14 background light coloured 5 inch blocks. Make 1/2 square triangles and square them up to 4.5 inches.

6 – 4.5 inch red blocks for the centre heart

2 - 4.5 inch background blocks for beside the heart.

Lay the blocks out as the above picture. Sew in rows and then sew the rows together.

Cut 3 – 2.5 inch WOF strips for the borders. Sew these 3 strips together to make one long strip. Measure the sides of your quilt, cut the border fabric that length x 2 and sew to the sides. Measure the top and bottom after you added the side borders and cut that length x 2 and add to top and bottom of the quilt.

Sandwich and Quilt as desired. Add binding.

